HA Central Commissioned Training Programme 2026/27

Optimising Medication Use in Older Adults: From Hospital to Home

(Organised by Geriatrics Subcommittee)

Seminar

Programme Objectives

- To introduce the principles and latest developments in optimising medication use among older adults
- To share multidisciplinary experiences in medication management across hospital and community settings
- To enhance the knowledge and skills in promoting safe and appropriate medication use for older adults
- To discuss and exchange practical experience in medication use with local and overseas experts

Programme Date and Time

12 November 2026 (Thursday)	9:30 am – 5:15 pm
13 November 2026 (Friday)	12:10 pm – 5:00 pm

Venue

Lecture Theatre, M/F, Hospital Authority Building, 147B Argyle Street, Kowloon

Programme Format

Onsite Seminar & Webinar via Zoom

Target Participants

HA doctors, nurses and allied health professionals

CME/CNE/CPD

Applied

Day 1

12 November 2026 (Thursday)

TIME	TOPIC	SPEAKER(S)
9:30 AM	Opening Remarks	Dr T Y CHAN
9:40 AM	Less is More: Epidemiology of Polypharmacy and Effectiveness (and Cost-effectiveness) of Deprescribing Strategies	Professor Joyce YOU
10:10 AM	The Problem of Inappropriate Prescribing Cascades	Dr Kieran DALTON
11:25 AM	**Break**	
11:35 AM	PPIs in Older Adults: Continue, Step Down or Stop?	Dr Ka Kin SZE
12:05 PM	Use of Diabetic and Lipid Lowering Medication in Older Adults	Dr K Y KWONG
12:30 PM	Understanding and Optimising Psychiatric Medication Use in Older Adults	Prof Calvin CHENG
12:55 PM	**Lunch**	
2:00 PM	Medication Optimisation Strategies for Frail Older Adults with Organ Failure	Dr Tony YAU
2:30 PM	Cutting Back, Not Cutting Care	Dr S Y FUNG
2:55 PM	**Break**	
3:05 PM	Hospital-based Interventions to Optimise Prescribing	Dr Kieran DALTON
4:25 PM	Bridging Hospital and Community Care – Leveraging the Community Pharmacy Programme for Residential Care Homes	Dr T Y Chan Mr Peter SUEN
5:05 PM	Closing Remarks of Day 1	Dr Jones CHAN Dr C W WONG

Day 2

13 November 2026 (Friday)

TIME	TOPIC	SPEAKER(S)
12:10 PM	Optimising Medication Use in the Dementia Continuum	Dr L T Andrew CHAN
12:40 PM	Community Nursing Service Support on Medication Management in Community	Ms LAI Sin Yu Ms CHOI Pik Shan
1:05 PM	**Lunch**	
2:15 PM	Medication Reviews by Pharmacists in Primary Care	Dr Kieran DALTON
3:35 PM	**Break**	
3:45 PM	Empower Primary Care Physician to Perform Deprescribing	Dr Catherine CHEN
4:20 PM	Leveraging Digital Innovations to Enhance Medication Safety in Residential Care Homes	Ms S C CHIANG
4:50 PM	Closing Remarks of Day 2	Dr Jones CHAN Dr C W WONG

Overseas Speaker:



Dr Kieran Dalton

Senior Lecturer in Clinical Pharmacy
School of Pharmacy, University College Cork

Dr Kieran Dalton is a Senior Lecturer in Clinical Pharmacy at University College Cork (UCC), Ireland. He holds a Bachelor of Pharmacy (BPharm) from UCC and a Master of Pharmacy (MPharm) from the Royal College of Surgeons in Ireland. He subsequently completed his PhD at UCC, which examined factors affecting the optimisation of medication appropriateness in hospitalised older adults.

Drawing on his experience as a hospital pharmacist and his research in medication optimisation, Dr Dalton's work focuses on inappropriate prescribing, prescribing cascades, deprescribing and the expanding role of pharmacists in general practice settings.

In this programme, he will discuss the problem of inappropriate prescribing cascades in older adults; share hospital-based approaches and pharmacist interventions to optimise prescribing, and explore how pharmacists can conduct effective medication reviews in primary care.