

Professional Diploma in Diabetes Management and Education 2025-2026

Tentative Timetable

Symposia

Overview of the diagnosis and management of diabetes mellitus with particular emphasis on the application of knowledge and acquisition of practical skills

Course Ref Code	Date	Time	Description	Speaker	Venue Code
DM1S1	6 SEP 2025	Glucose homeostasis and diabetes – an overview			CSB 2/F
		14:00-15:00	Glucose homeostasis and insulin actions	Prof Juliana CHAN	
		15:00-16:00	Diagnosis and classification of diabetes	Prof Andrea LUK	
		16:15-17:15	Monitoring of diabetes management	Prof Andrea LUK	
DM1S2	13 SEP 2025	Practical diabetes management (1)			CSB 2/F
		14:00-15:00	Precision diabetes care	Prof Juliana CHAN	
		15:00-16:00	When and how to start basal insulin, intensive insulin therapy and continuous subcutaneous insulin infusion	Dr Tiffany Yau	
		16:15-17:15	Therapeutic diabetes education	Ms Wai See CHAN/ Ms Wing-Yee CHOY	
DM1S3	20 SEP 2025	Practical diabetes management (2)			CSB 2/F
		14:00-15:00	How to start non-insulin glucose lowering drugs and which one?	Prof Alice KONG	
		15:00-16:00	Personalized lifestyle therapy for diabetes	Prof Alice KONG	
		16:15-17:15	Hypoglycaemia and hyperglycaemia emergencies	Dr Edith CHOW	
DM1S4	25 OCT 2025	Diabetes management in special situations			PEC SC Rm3
		14:00-15:00	Obesity	Prof Andrea LUK	
		15:00-16:00	Eye complications in diabetes	Dr Danny NG	
DM1S5	01 NOV 2025	Diabetes and comorbidities (1)			LKS Rm303
		14:00-15:00	Old and new therapies in hypertension	Prof Brian TOMLINSON	
		15:00-16:00	Cardiologist's perspectives on cardiovascular-kidney-metabolic (CKM) syndrome	Prof Guangming TAN	
		16:15-17:15	Nephrologist's perspectives on cardiovascular-kidney-metabolic (CKM) syndrome	Prof Jack NG	
DM1S6	8 NOV 2025	Diabetes and comorbidities (2)			PEC SC Rm3
		14:00-15:00	Cognitive dysfunction and neurological complications in diabetes	Dr Karen MA	
		15:00-16:00	Management of diabetes in pregnancy including gestational diabetes	Prof Wing-Hung TAM	
		16:15-17:15	Childhood diabetes	Dr Ho-Chung YAU	
		17:30-18:30	In-class MCQ Paper Exam (20 questions on DM1S1, DM1S2, DM1S3, DM2W1 and DM2W2)		

Interactive Workshops – Practical Management

Case studies, interactive discussions and practicals are used to demonstrate the principles of diabetes management

Course Ref Code	Date	Time	Description	Moderator	Venue Code
DM2W1	11 OCT 2025	14:00-19:00	Dietary management in diabetes	Dr Mandy SEA	LKS Rm303
			Meal planning and weight management - from theory to practice	Dr Mandy SEA	
			Exercise in Diabetes Management	Prof Eric POON	
DM2W2	18 OCT 2025	14:00-19:00	Meal planning and weight management - from theory to practice - Elderly patients with type 2 diabetes - Patients with obesity, metabolic syndrome and cardiovascular or renal complications - Non-obese, insulin-treated patients treated with type 2 diabetes	Prof Alice KONG Mr Jackson CHAN	PEC SC Rm3
			From diagnosis to management - What is the best test to diagnose diabetes - The phenotypic heterogeneity of diabetes - The multi-faceted nature of diabetes management	Prof Andrea LUK Dr Cadmon LIM	
DM2W3	22 NOV 2025	14:00-19:00	Practical aspects of insulin treatment - How to give insulin injection - How to adjust insulin dosages in the ambulatory and in-patient settings - Common pitfalls	Dr Edith CHOW Ms Wai See CHAN/ Ms Wing-Yee CHOY	LKS Rm303
DM2W4	29 NOV 2025	14:00-19:00	Diabetes self management - Practical aspects of self-monitoring and its interpretation - Sick day management - Management of hypoglycemia	Prof Juliana CHAN Prof Ho-Yu CHENG	PEC SC Rm3
6 DEC 2025			Submission of MEDM5102 Case Studies (softcopy, by 23:59)		
DM2W5	13 DEC 2025	14:00-19:00	Quality diabetes care - Prevention of diabetic complications - Translating evidence to clinical practice - Quality diabetes care through teamwork	Prof Juliana CHAN Prof Juliana LUI Ms Kit-Man LOO + 2 Nurses	PEC SC Rm3

Clinical Attachments

A series of clinical attachments for students to gain in-depth understanding of the complexity and multi-disciplinary nature of diabetes management and education

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
DM3C1	TBC	TBC	Therapeutic diabetes education programme	Ms Wai See CHAN/ Ms Wing-Yee CHOY	TBC
DM3C2	TBC	TBC	Insulin injection education programme	Ms Wai See CHAN/ Ms Wing-Yee CHOY	TBC
DM3C3	TBC	TBC	Continuous glucose monitoring and new devices	Prof Elaine CHOW Ms Theresa YEUNG	TBC
DM3C4	TBC	TBC	Individual counseling and patient empowerment	Ms Kit-Man LOO	TBC
DM3C5	TBC	TBC	Intensive insulin therapy programme	Prof Juliana CHAN Ms Kit-Man LOO	TBC
DM3C6	TBC	TBC	Shared care and quality assurance -risk factors and complication Assessment	Prof Juliana CHAN	TBC
DM3C7	TBC	TBC	Shared care and quality assurance (2) - Diabetes empowerment programme (post complication assessment)	Prof Juliana CHAN	TBC
DM3C8	TBC	TBC	Weight Management	Dr Mandy SEA	TBC
DM3C9	TBC	TBC	Education on meal planning	Dr Mandy SEA	TBC
DM3C10	TBC	TBC	Foot care in diabetes	Mr Peter CHAN	TBC
DM3C11	TBC	TBC	Gestational diabetes	Prof Wing-Hung TAM	TBC
DM3C12	TBC	TBC	Diabetes eye clinic	Dr Danny NG	TBC
DM3C13	TBC	TBC	Diabetes and Chronic Kidney Disease Clinic	Dr Edith CHOW	TBC

Clinical attachments (3 hours each) will be held on weekdays from August to November 2026, schedule to be confirmed and only one session to be selected for each topic. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Interactive Workshops – Research Methodologies and Application in Clinical Practice

To gain an in-depth understanding of diabetes research and its relevance to clinical management

Course Ref Code	Date	Time	Description	Moderator	Venue Code
DM4D1	10 JAN 2026	14:00-18:00	Statistical analysis made easy	Prof Hongjiang WU Prof Juliana LUI	TBC (Computer Room)
DM4D2	17 JAN 2026	14:00-18:00	• Big data, AI and its applications • Genetics made easy	Prof Juliana CHAN Dr Claudia TAM	TBC
DM4D3	24 JAN 2026	14:00-18:00	Critical appraisal of evidence	Prof Andrea LUK	TBC
DM4D4	31 JAN 2026	14:00-18:00	Translation of research into clinical practice – holistic patient care in diabetes (1) • Depression, diabetes distress and quality of life in type 2 diabetes	Prof Juliana LUI	TBC
			• Psychological management in obesity and non-communicable diseases	Dr Eric TSE	
			• Communications with patients having diabetes (1)	Prof Ho-Yu CHENG	
DM4D5	07 FEB 2026	14:00-18:00	Translation of research into clinical practice – holistic patient care in diabetes (2) • Peer support in diabetes	Prof Alice KONG	TBC
			• Motivational interview – concept and application	Prof Ann SHIU	
			• Communications with patients having diabetes (2)	Prof Ann SHIU	
DM4D6	28 FEB 2026	14:00-18:00	Diabetes in-patient care and special situations	Dr Tiffany YAU	TBC
		16:15-18:00	Continuous glucose monitoring and clamp studies	Prof Elaine CHOW	

Venue Code

TBC	To be confirmed
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