



DIABETES PREVENTING THE PREVENTABLE (DPP) FORUM

17 May 2026 (Sunday) | Cordis, Hong Kong



At the end of the forum, participants should be able to:

<https://dpp.adf.org.hk>

- Recognize the importance of using multidisciplinary care to empower and engage patients during their life journey of living with diabetes;
- Acquire latest knowledge in the fields of quality improvement and use of latest technologies to improve clinical outcomes;
- Understand the opportunities and challenges in using community and societal approaches to raise awareness and prevent diabetes and non-communicable disease.

Organizer:



亞洲糖尿病基金會
Asia Diabetes Foundation

Co-organizers:



香港糖尿科護士協會
Association of Hong Kong Diabetes Nurses



Asia Primary Care Diabetes Society



DIABETOLOGISTS & ENDOCRINOLOGISTS ALLIANCE

Supporting organizations:



香港家庭醫學學院
The Hong Kong College of Family Physicians



香港中文大學
The Chinese University of Hong Kong



香港糖尿病及肥胖症研究所
HONG KONG INSTITUTE OF DIABETES AND OBESITY
香港女醫生協會



香港醫學會
THE HONG KONG MEDICAL ASSOCIATION



Asia Diabetes Foundation | Tel: (852) 2637 6624 | E-mail: dpp.secretariat@adf.org.hk

We look forward to seeing you!

PROGRAM

17 May 2026 (Sunday)

08:45 – 09:10	Registration	
09:10 – 09:15	Welcome remarks	Juliana Chung Ngor Chan

Symposium 1

09:15 – 09:45	Inverted food pyramid – from theory to practice	Sylvia See Way Lam
09:45 – 10:15	Controversies and consensus on time restricted eating	Kenneth Ka Hei Lo
10:15 – 10:45	Impact of CGM on engaging people with diabetes for lifestyle changes	Alice Pik Shan Kong
10:45 – 11:00	Break	

Symposium 2

11:00 – 11:30	Staging of diabetes – choosing between A1c and OGTT	Tony Chun Kwan O
11:30 – 12:00	Local consensus on redefining obesity	Michele Mae Ann Yuen
12:00 – 12:30	Lipid lowering drugs beyond statins	Brian Tomlinson
12:30 – 13:30	Lunch	

Symposium 3

13:30 – 14:00	Evidence-based effects of GLP1 and GLP1-GIPRA on extra-vascular complications	Eunice Ka Hong Leung
14:00 – 14:30	Mental and sleep health, and diabetes	Yun Kwok Wing
14:30 – 15:00	Social and psychological determinants of chronic diseases	Marques Shek Nam Ng
15:00 – 15:15	Break	

Symposium 4

15:15 – 15:45	Update on reference framework on diabetes care in Hong Kong	Martin Chi Sang Wong
15:45 – 16:15	PAD IN DIABETES: prevention of complications through early screening and diagnosis	Guangming Tan
16:15 – 16:45	CGM and Artificial intelligence	Elaine Yee Kwan Chow
16:45 – 16:50	Closing remarks	Alice Pik Shan Kong

REGISTRATION

Local (delegates from Hong Kong and Macau)	Early Rate (2 Mar – 24 Apr)	Standard Rate (25 Apr – 13 May)	Day Rate (Onsite)
Medical Professionals	HKD500	HKD600	HKD1,200
Nurses / Allied Healthcare Professionals / Others	HKD250	HKD300	HKD600
Undergraduate / Post-graduate Students	HKD100	HKD120	HKD240

Overseas (delegates from outside Hong Kong and Macau)	Early Rate (2 Mar – 24 Apr)	Standard Rate (25 Apr – 13 May)	Day Rate (Onsite)
Medical Professionals	USD100	USD120	USD240
Nurses / Allied Healthcare Professionals / Others	USD60	USD75	USD150

Remarks: Special discount will be offered to different associations / organizations, please visit <https://dpp.adf.org.hk> for more details.