

MSc in Endocrinology, Diabetes and Metabolism 2025-2027

Tentative Timetable

MEDM5101 Diabetes Management & Education I

Symposia

Overview of the diagnosis and management of diabetes mellitus with particular emphasis on the application of knowledge and acquisition of practical skills

Course Ref Code	Date	Time	Description	Speaker	Venue Code
DM1S1	6 SEP 2025	Glucose homeostasis and diabetes – an overview			CSB 2/F
		14:00-15:00	Glucose homeostasis and insulin actions	Prof Juliana CHAN	
		15:00-16:00	Diagnosis and classification of diabetes	Prof Andrea LUK	
		16:15-17:15	Monitoring of diabetes management	Prof Andrea LUK	
DM1S2	13 SEP 2025	Practical diabetes management (1)			CSB 2/F
		14:00-15:00	Precision diabetes care	Prof Juliana CHAN	
		15:00-16:00	When and how to start basal insulin, intensive insulin therapy and continuous subcutaneous insulin infusion	Dr Tiffany Yau	
		16:15-17:15	Therapeutic diabetes education	Ms Wai See CHAN/ Ms Wing-Yee CHOY	
DM1S3	20 SEP 2025	Practical diabetes management (2)			CSB 2/F
		14:00-15:00	How to start non-insulin glucose lowering drugs and which one?	Prof Alice KONG	
		15:00-16:00	Personalized lifestyle therapy for diabetes	Prof Alice KONG	
		16:15-17:15	Hypoglycaemia and hyperglycaemia emergencies	Dr Edith CHOW	

Interactive Workshops – Practical Management

Case studies, interactive discussions and practicals are used to demonstrate the principles of diabetes management

Course Ref Code	Date	Time	Description	Moderator	Venue Code
DM2W1	11 OCT 2025	14:00-19:00	Dietary management in diabetes	Dr Mandy SEA	LKS Rm303
			Meal planning and weight management - from theory to practice	Dr Mandy SEA	
			Exercise in Diabetes Management	Prof Eric POON	
DM2W2	18 OCT 2025	14:00-19:00	Meal planning and weight management - from theory to practice - Elderly patients with type 2 diabetes - Patients with obesity, metabolic syndrome and cardiovascular or renal complications - Non-obese, insulin-treated patients treated with type 2 diabetes	Prof Alice KONG Mr Jackson CHAN	PEC SC Rm3

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			From diagnosis to management • What is the best test to diagnose diabetes • The phenotypic heterogeneity of diabetes • The multi-faceted nature of diabetes management	Prof Andrea LUK Dr Cadmon LIM	
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Clinical Attachments

A series of clinical attachments for students to gain in-depth understanding of the complexity and multi-disciplinary nature of diabetes management and education

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
DM3C1	TBC	TBC	Therapeutic diabetes education programme	Ms Wai See CHAN/ Ms Wing-Yee CHOY	TBC
DM3C2	TBC	TBC	Insulin injection education programme	Ms Wai See CHAN/ Ms Wing-Yee CHOY	TBC
DM3C3	TBC	TBC	Continuous glucose monitoring and new devices	Prof Elaine CHOW Ms Theresa YEUNG	TBC
DM3C6	TBC	TBC	Shared care and quality assurance -risk factors and complication assessment	Prof Juliana CHAN	TBC

Clinical attachments (3 hours each) will be held on weekdays from August to November 2026, schedule to be confirmed and only one session to be selected for each topic. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Venue Code

TBC	To be confirmed
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MEDM5102 Diabetes Management & Education II

Symposia

Overview of the diagnosis and management of diabetes mellitus with particular emphasis on the application of knowledge and acquisition of practical skills

Course Ref Code	Date	Time	Description	Speaker	Venue Code
DM1S4	25 OCT 2025	Diabetes management in special situations			PEC SC Rm3
		14:00-15:00	Obesity	Prof Andrea LUK	
		15:00-16:00	Eye complications in diabetes	Dr Danny NG	
DM1S5	01 NOV 2025	Diabetes and comorbidities (1)			LKS Rm303
		14:00-15:00	Old and new therapies in hypertension	Prof Brian TOMLINSON	
		15:00-16:00	Cardiologist's perspectives on cardiovascular-kidney-metabolic (CKM) syndrome	Prof Guangming TAN	
		16:15-17:15	Nephrologist's perspectives on cardiovascular-kidney-metabolic (CKM) syndrome	Prof Jack NG	
DM1S6	8 NOV 2025	Diabetes and comorbidities (2)			PEC SC Rm3
		14:00-15:00	Cognitive dysfunction and neurological complications in diabetes	Dr Karen MA	
		15:00-16:00	Management of diabetes in pregnancy including gestational diabetes	Prof Wing-Hung TAM	
		16:15-17:15	Childhood diabetes	Dr Ho-Chung YAU	
		17:30-18:30	MEDM 5101 In-class MCQ Paper Exam (20 questions on DM1S1, DM1S2, DM1S3, DM2W1 and DM2W2)		

Interactive Workshops - Practical Management

Case studies, interactive discussions and practicals are used to demonstrate the principles of diabetes management

Course Ref Code	Date	Time	Description	Moderator	Venue Code
DM2W3	22 NOV 2025	14:00-19:00	Practical aspects of insulin treatment - How to give insulin injection - How to adjust insulin dosages in the ambulatory and in-patient settings - Common pitfalls	Dr Edith CHOW Ms Wai See CHAN/ Ms Wing-Yee CHOY	LKS Rm303
DM2W4	29 NOV 2025	14:00-19:00	Diabetes self management - Practical aspects of self-monitoring and its interpretation - Sick day management - Management of hypoglycemia	Prof Juliana CHAN Prof Ho-Yu CHENG	PEC SC Rm3
6 DEC 2025			Submission of MEDM5102 Case Studies (softcopy, by 23:59)		
DM2W5	13 DEC 2025	14:00-19:00	Quality diabetes care - Prevention of diabetic complications - Translating evidence to clinical practice - Quality diabetes care through teamwork	Prof Juliana CHAN Prof Juliana LUI Ms Kit-Man LOO + 2 Nurses	PEC SC Rm3

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Clinical Attachments

A series of clinical attachments for students to gain in-depth understanding of the complexity and multi-disciplinary nature of diabetes management and education

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
DM3C8	TBC	TBC	Weight Management	Dr Mandy SEA	TBC
DM3C9	TBC	TBC	Education on meal planning	Dr Mandy SEA	TBC
DM3C10	TBC	TBC	Foot care in diabetes	Mr Peter CHAN	TBC
DM3C11	TBC	TBC	Gestational diabetes	Prof Wing-Hung TAM	TBC

Clinical attachments (3 hours each) will be held on weekdays from August to November 2026, schedule to be confirmed and only one session to be selected for each topic. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Venue Code

TBC	To be confirmed
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MEDM6101 Diabetes Management & Education III

Clinical Attachments

A series of clinical attachments for students to gain in-depth understanding of the complexity and multi-disciplinary nature of diabetes management and education.

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
DM3C12	TBC	TBC	Diabetes eye clinic	Dr Danny NG	TBC
DM3C13	TBC	TBC	Diabetes and Chronic Kidney Disease Clinic	Dr Edith CHOW	TBC

Clinical attachments (3 hours each) will be held on weekdays from November 2026 to February 2027, schedule to be confirmed and only one session to be selected for each topic. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Interactive Workshops – Research Methodologies and Application in Clinical Practice

To gain an in-depth understanding of diabetes research and its relevance to clinical management

Course Ref Code	Date	Time	Description	Moderator	Venue Code
DM4D1	10 JAN 2026	14:00-18:00	Statistical analysis made easy	Prof Hongjiang WU Prof Juliana LUI	TBC (Computer Room)
DM4D2	17 JAN 2026	14:00-18:00	• Big data, AI and its applications • Genetics made easy	Prof Juliana CHAN Dr Claudia TAM	TBC
DM4D3	24 JAN 2026	14:00-18:00	Critical appraisal of evidence	Prof Andrea LUK	TBC

Course Ref Code	Date	Time	Description	Moderator	Venue Code
DM4D4	31 JAN 2026	14:00-18:00	Translation of research into clinical practice – holistic patient care in diabetes (1) • Depression, diabetes distress and quality of life in type 2 diabetes	Prof Juliana LUI	TBC
			• Psychological management in obesity and non-communicable diseases	Dr Eric TSE	
			• Communications with patients having diabetes (1)	Prof Ho-Yu CHENG	
DM4D5	07 FEB 2026	14:00-18:00	Translation of research into clinical practice – holistic patient care in diabetes (2) • Peer support in diabetes	Prof Alice KONG	TBC
			• Motivational interview – concept and application	Prof Ann SHIU	
			• Communications with patients having diabetes (2)	Prof Ann SHIU	
DM4D6	28 FEB 2026	14:00-18:00	Diabetes in-patient care and special situations	Dr Tiffany YAU	TBC
			Continuous glucose monitoring and clamp studies	Prof Elaine CHOW	

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MEDM5201 General Endocrinology & Metabolism I

Lectures

Overview of epidemiology, pathophysiology and management of common endocrine disorders emphasizing the application of basic physiological and biochemical knowledge to clinical practice

Course Ref Code	Date	Time	Description	Speaker	Venue Code
EM1S1	07 MAR 2026	An introduction to endocrinology			TBC
		14:00-15:00	Overview of homeostasis and endocrine system	Prof Juliana CHAN	
		15:00-16:00	Overview of disease of the hypothalamus pituitary axis	Prof Andrea LUK	
		16:15-17:15	Neurohormonal dysregulation	Prof Alice KONG	
		Submission of MEDM6101 Dissertation (softcopy, by 23:59)			
EM1S2	14 MAR 2026	Hypothalamus-pituitary axis			TBC
		14:00-15:00	Cushing’s syndrome - from diagnosis to management	Prof Ronald MA	
		15:00-16:00	Pituitary incidentaloma and prolactinoma	Prof Alice KONG	
		16:15-17:15	Acromegaly	Dr Edith CHOW	
EM1S3	21 MAR 2026	Thyroid and bone disorders			TBC
		14:00-15:00	Thyroid disorders – pitfall of diagnosis and management	Dr Tiffany YAU	
		15:00-16:00	Osteoporosis - current management	Dr Tiffany YAU	
		16:15-17:15	Calcium disorders and metabolic bone disease	Prof Andrea LUK	

Clinical Teachings

Diagnostic evaluation and management of common acute and chronic endocrine disorders are illustrated by clinical cases using small group in-depth discussions

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
EM3C1	TBC	TBC	Endocrine clinic	Dr Edith CHOW	TBC
EM3C2	TBC	TBC	Endocrine case discussion	Prof Juliana CHAN	TBC

Clinical attachments (3 hours each) will be held on weekdays from August to November 2026, schedule to be confirmed and only one session to be selected for each topic. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Venue Code

TBC	To be confirmed
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MSc in Endocrinology, Diabetes and Metabolism 2025-2027

MEDM5202 General Endocrinology & Metabolism II

Lectures

Overview of epidemiology, pathophysiology and management of common endocrine disorders emphasizing the application of basic physiological and biochemical knowledge to clinical practice

Course Ref Code	Date	Time	Description	Speaker	Venue Code
EM1S4	28 MAR 2026	Reproductive endocrinology			TBC
		14:00-15:00	Polycystic ovarian syndrome - its metabolic and endocrine aspects	Prof Ronald MA	
		15:00-16:00	Approach to menstrual disturbance and infertility	Dr Linda Fung	
		16:15-17:15	Approach to impotence and hypogonadism	Prof Chi-Fai NG	
		17:30-18:30	MEDM 5201 In-class MCQ Paper Exam (20 questions on EM1S1, EM1S2 and EM1S3)		
EM1S5	11 APR 2026	Adrenal disorders			TBC
		14:00-15:00	Conn’s syndrome and work up for secondary hypertension	Dr Edith CHOW	
		15:00-16:00	Neuroendocrine tumors and updates	Prof Stephen CHAN	
		16:15-17:15	Phaeochromocytoma and adrenal incidentaloma - workup and management	Prof Andrea LUK	
EM1S6	18 APR 2026	Growth & Homeostasis			TBC
		14:00-15:00	Short stature, delayed puberty and overview of other common paediatric endocrine diseases	Dr Ho-Chung YAU	
		15:00-16:00	Old and new therapies in lipid disorders	Prof Brian TOMLINSON	
		16:15-17:15	Electrolyte abnormalities in sodium and potassium metabolism	Prof Jack NG	
EM1S7	25 APR 2026	Emerging issues and controversies			TBC
		14:00-15:00	Human immunodeficiency virus (HIV) and endocrine dysfunction	Dr Grace LUI	
		15:00-16:00	Drug-induced endocrinopathies	Dr Edith CHOW	
		16:15-17:15	Genetic endocrine disease - an overview	Prof Ronald MA	

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Clinical Teachings

Diagnostic evaluation and management of common acute and chronic endocrine disorders are illustrated by clinical cases using small group in-depth discussions

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
EM3C3	TBC	TBC	Endocrine in-patient grand round	Prof Andrea LUK	TBC
EM3C4	TBC	TBC	Combined obesity clinic	Dr Simon WONG	TBC
EM3C5	TBC	TBC	Thyroid clinic	Prof Alice KONG	TBC
EM3C6	TBC	TBC	Combined pituitary clinic	Prof Kitty CHEUNG	TBC
EM3C7	TBC	TBC	Growth & Endocrine clinic	Dr Ho-Chung YAU	TBC

Clinical attachments (3 hours each) will be held on weekdays from June to September 2026, schedule to be confirmed and only one session to be selected for each topic. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Interactive Workshops – Practical Management (Case Studies)

Case studies and interactive discussions are used to demonstrate the principles of diagnostic evaluation and management of common endocrine disorders using a multidisciplinary approach

Course Ref Code	Date	Time	Description	Speaker	Venue Code	
EM2W1	05 SEP 2026	14:00-19:00	Thyroid and bone disorders		TBC	
			Radiological evaluation of osteoporosis	Prof James Francis GRIFFITH		
			Thyroid and parathyroid disorders	Dr Shirley LIU		
			Thyroid eye disease	Prof Kelvin CHONG		
EM2W2	12 SEP 2026	14:00-19:00	Adrenal gland and reproductive endocrinology (1)		TBC	
			Addison’s disease and Pheochromocytoma			Dr Tiffany YAU
			Conn’s and Cushing’s syndrome			
			Radiological evaluation of adrenal disorders			Prof Winnie CHU
			- Hirsutism and virilization - evaluation and management - Endocrine disorders in pregnancy (excluding diabetes)			Prof Ronald MA
EM2W3	19 SEP 2026	14:00-18:00	Pituitary gland and reproductive endocrinology (2)		TBC	
			Principles and applications of radiotherapy for common pituitary adenomas			Dr Darren POON
			Surgical management of pituitary tumors, from prolactinoma, acromegaly, incidentaloma to other tumors			Dr Leo YEUNG
			Evaluation and management of infertility			Dr Jacqueline CHUNG

Venue Code

TBC	To be confirmed
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MEDM6201 General Endocrinology & Metabolism III Interactive

Workshops – Practical Management

Case studies and interactive discussions are used to demonstrate the principles of diagnostic evaluation and management of common endocrine disorders using a multidisciplinary approach

Course Ref Code	Date	Time	Description	Speaker	Venue Code
EM2W4	31 OCT 2026	14:00-18:00	Electrolytes, endocrine tests and hot topics		TBC
			Interpretation of endocrine tests during acute illnesses	Dr Edith CHOW	
			- Hypernatremia and hyperkalaemia - Hyponatremia and hypokalaemia	Prof Jack NG	
			Cardiovascular-kidney-metabolic (CKM) syndrome	Prof Guangming TAN	
EM2W5	07 NOV 2026	14:00-15:00	MEDM 5202 In-class MCQ Paper Exam (20 questions on EM1S4, EM1S5, EM1S6, EM1S7, EM2W1, EM2W2 and EM2W3)		TBC
		15:00-18:00	Paediatric and reproductive endocrinology (3)		
			Acromegaly - a multidisciplinary approach for management and evaluation	Dr Tiffany YAU	
			Short stature - diagnostic evaluation and practical tips for management	Dr Ho-Chung YAU	
			Congenital adrenal hyperplasia and interpretation of urinary steroid profile	Dr Ho-Chung YAU	
07 Nov 2026			Submission of MEDM5202 Case Studies (softcopy, by 23:59)		

Clinical Teachings

Diagnostic evaluation and management of common acute and chronic endocrine disorders are illustrated by clinical cases using small group in-depth discussions

Course Ref Code	Date	Time	Topic	Tutor	Venue Code
EM3C8	TBC	TBC	Combined gynae-endocrine clinic	Prof Ronald MA	TBC

Clinical teachings (3 hours each) will be held on weekdays from June to September 2026, schedule to be confirmed and only one session to be selected. The allocation of dates is on a first-book-first-serve basis. The timetable is subject to change without prior notice. Medium of instruction is Cantonese and English. However, patients normally speak in Cantonese.

Venue Code

TBC	To be confirmed
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MSc in Endocrinology, Diabetes and Metabolism 2025-2027

MEDM5301 Obesity & Weight Management

Symposia

Overview of epidemiology, pathophysiology, medical hazards and management of obesity emphasizing the application of knowledge relevant to multidisciplinary clinical practice

Course Ref Code	Date	Time	Description	Speaker	Venue Code
08 Jan 2027			Submission of MEDM6201 Dissertation (softcopy, by 23:59)		
WM1S1	09 JAN 2027	Obesity – from epidemiology to pathophysiology			TBC
		14:00-15:30	Weight management - past, present and future	Prof Juliana CHAN	
		15:30-16:30	Exercise in weight management	Prof Stanley HUI	
		16:45-17:45	Cognitive-behavioral therapy of obesity	Prof Phoenix MO	
WM1S2	16 JAN 2027	Management of obesity – from theory to practice			TBC
		14:00-15:00	Obesity- from brain to gut to liver	Prof Alice KONG	
		15:00-16:00	Popular diets for weight management - are these sound diets?	Dr Mandy SEA	
		16:15-17:15	Obesity and diabetes - remission and prevention	Prof Andrea LUK	

Interactive Workshops – Practical Management

Case studies, interactive discussions and multidisciplinary approach are used to demonstrate the principles of diagnostic evaluation and management of obesity and its comorbidities

Course Ref Code	Date	Time	Description	Speaker	Venue Code
WM2W1	23 JAN 2027	Interactive case discussion: managing obesity – managing obesity related comorbidities			TBC
		14:00-15:00	Clinical assessment of obesity	Dr Elaine CHEUNG	
		15:15-16:15	Gynecological complications of obesity	Dr Elaine CHEUNG	
		16:30-17:30	Peri-operative management of patients undergoing metabolic surgery	Dr Shirley LIU	
		17:30-18:30	Psycho-behavioral treatment of binge eating disorder in people with obesity	Dr Eric TSE	
WM2W2	30 JAN 2027	Interactive case discussion: managing obesity – a multidisciplinary approach			TBC
		14:00-15:00	Role of metabolic surgery in obesity management	Dr Simon WONG	
		15:15-16:15	The role of gut microbiome in obesity	Dr Joyce MAK	
		16:30-17:30	Cardiovascular complications of obesity	Prof Guangming TAN	
		17:30-18:30	Practical dietary strategies for weight management	Dr Mandy SEA	
	13 FEB 2027	14:30-15:30	MEDM 5301 In-class MCQ Paper Exam (30 questions on WM1S1, WM1S2, WM2W1 and WM2W2) - for those enrolling the full course		TBC

Venue Code

TBC	To be confirmed
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Graduation Project

Course Ref Code	Date	Time	Description	Speaker	Venue Code
MEDM6401 (Graduation Project)	20 FEB 2027	14:00-15:00	Graduation Project Tutorial 1 -Overview and Introduction	Dr Edith CHOW Prof Andrea LUK	TBC
		15:15-17:15	Graduation Project Tutorial 2 – Statistical Workshop	Prof Hongjiang WU Prof Juliana LUI	
	13 Mar 2027	Graduation Project Tutorial 3 - Discussion			TBC
		14:00-15:00	Graduation Project Tutorial 3 (Group 1)	Prof Andrea LUK	
			Graduation Project Tutorial 3 (Group 2)	Dr Edith CHOW	
		15:00-16:00	Graduation Project Tutorial 3 (Group 3)	Prof Andrea LUK	
			Graduation Project Tutorial 3 (Group 4)	Dr Edith CHOW	
		03 APR 2027	14:00-14:45	Presentation Day – Group 1	
	14:45-15:30		Presentation Day – Group 2		
	15:30-16:15		Presentation Day – Group 3		
	16:15-17:00		Presentation Day – Group 4		
	17 Apr 2027			Submission of MEDM6401 Graduate Project (softcopy, by 23:59)	

Final MCQ Exam

Date	Time	Description	Venue Code
08 May 2027	14:30-16:30	Final MCQ Exam (40 questions)	TBC