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Title:	Certificate Course on Mental Health 2026 - Empowering Professionals to Support Mental Well-being (Video Lectures)
Target Participants:	Doctors, Registered / Enrolled Nurses (General) and Allied Health Professionals
Course No.:	C431
Start Date:	8 January 2026
End Date:	12 February 2026
Online Registration:	https://fmshk-course.org/sys/onlineReg?cd=87&rpd=e52702
Deadline:	2 January 2026
Payment:	HK\$1,200 (by Online Payment or cash only)

Remarks CME / CNE Accreditation in application

Details

● Course No. C431 ● CME/CNE Course

Certificate Course on

Mental Health 2026 -

Empowering Professionals to Support Mental Well-being

(Video Lectures)



Jointly organised by



The Federation of Medical Societies of Hong Kong



The Hong Kong College of Psychiatrists

Objectives:

Mental health is an essential part of holistic care, this course equips Doctors, Registered / Enrolled Nurses (General) and Allied Health Professionals with a comprehensive introduction to the aetiology, progression, and management of common psychiatric disorders encountered in Hong Kong. Each module is delivered by a specialist psychiatrist with both clinical and academic expertise.

By completion, participants will gain deeper insight into the nature, clinical course, and current evidence-based treatment approaches for a range of prevalent psychiatric conditions. The program is particularly suited for professionals working in mental health services, general hospital settings, and community-based social care environments.

Date	Topics	Speakers
8 Jan 2026	Psychosis and Updates of Treatment	Dr. Tam Fung Ling Specialist in Psychiatry
15 Jan 2026	Psychotherapeutic Interventions in Psychiatry - Psychotherapies Overview, Evidence Base and Application to Psychiatric Disorders	Dr. Hung Chi Hong, Rommel Specialist in Psychiatry
22 Jan 2026	Beyond the Individual - A Relational Perspective on Psychotherapy	Dr. Tang Wing Ki Specialist in Psychiatry
29 Jan 2026	From Lows to Highs - Diagnosing and Treating Depression and Bipolar Disorder	Dr. Lam Yun Ting, Christina Specialist in Psychiatry
5 Feb 2026	When Eating becomes a Nightmare - Stress Eating and Eating Disorder	Dr. Lok Chi Wing Specialist in Psychiatry
12 Feb 2026	The Overarching Impact of Digital Addiction on Children's Brain and Development - Evidence-based Support for Children with Special Education Need (SEN)	Dr. Liu Kwong Sun Specialist in Psychiatry

Date : 8, 15, 22, 29 January and 5, 12 February 2026 (THUR)

Duration of Session : 1.5 hours (6 sessions)

Time : 7:00 pm – 8:30 pm (or within 4 days from each Lecture Date)

Course Feature : Video lectures (with Q&A platform for participants to post the questions)

Language Media : Cantonese (Supplemented with English)

Quiz for Doctors : DOCTORS are required to complete a quiz after the completion of each lecture

Course Fee : HK\$1,200

Certificate : Awarded to participants with a minimum attendance of 70% (4 out of 6 sessions)

Deadline : 2 January 2026

Enquiry : The Secretariat of The Federation of Medical Societies of Hong Kong

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CME / CNE Accreditation in application
Online Application from website: <http://www.fmshk.org>